

## ÁTJÁRÓK

2022-1-HU01-KA210-ADU-000083157

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### SUMMARY

#### 3<sup>rd</sup> International Meeting, Serbia

Palics

2023.09.18.-2023.09.19.

The 3rd International Meeting of the “ÁTJÁRÓK” project took place in Palic, Serbia, hosted by the Antropos Mental Health Association. The meeting took place according to the attached program.

The main topic of the meeting was the practical application of story therapy and literary therapy in the reintegration process. Along this line, Tünde Ricz Dencs, Gréta Vaskor, story therapists, and Emőke Berényi, literature therapist, held practice-oriented workshops based on their own experience. In order to make the work at the project meeting as smooth as possible, the presenters sent the texts of their stories and literary works and the related tasks in advance.

This approach ensured the workshops operated seamlessly, allowing the project to fulfill its crucial objective of promoting non-formal learning, practical experience, and enhancing professional competence.

Visitors at the Furioso Experience Park in Ludas had the opportunity to explore Antropos burnout prevention initiatives and engage in activities within the park aimed at revitalizing professionals. Guided by experts, participants could reflect on their work challenges and discover ways to overcome obstacles, encouraging a fresh perspective on their professional journey. The professional day also sought to provide attendees with an understanding of Antropos; efforts to help reintegrate addicts into the workforce. The event was conducted in a positive ambiance, fostering both formal and informal connections, and facilitating the expansion of professional skills and resources.



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